



Randwick Primary School: Resilience, Passion, Success



NEWSLETTER

12 June 2020

We've had a lovely week in school and have all been really impressed by our children. They are all supporting each other and making school a fun place to be! We are spending lots of time outside, for lunch, Forest School and PE, as well as other sessions, and we are blessed to be amongst such amazing scenery. We have had zoom sessions for all our children at home and we look forward to welcoming back all our children before the end of term. We had a zoom with our new reception parents last night, and we look forward to welcoming them and their children in September.

Return to school for children in years 2 – 5

I have sent a letter to parents of children in years 2 – 5 setting out plans for a return, starting with two PE sessions on the field. Please do let us know your intentions regarding their return to school for the two days (you do not need to let us know whether your child is coming for the PE sessions - just turn up). Thanks.

PE sessions

Wednesday 17th and 24th June

Y2 13:30 – 14:20

Y3 14:30 – 15:20

Friday 19th and 26th June

Y4 13:30 – 14:20

Y5 14:30 – 15:20

Reminders to help us all keep safe

Thank you for sticking to the guidelines outlined on the home-school agreement for this term. Please remember these points in particular:

- Children to have short, clean nails when in school
- Please include ice packs with lunchboxes as they are left (in the shade) outside
- Please drop and collect Y6 children from the large playground
- Please drop and collect children of keyworkers from the back door
- Please drop and collect Owl class and y1 children from the front door
- Please keep 2m apart on the wall by the cones when waiting for children in reception and y1
- Send nothing with your children except a named lunchbox, water bottle and small hand sanitiser (and coat and sun hat as appropriate). Apply sun cream at home.

Mental Health and Well-Being

We recognise the potential impact that the recent lockdown and worries about COVID-19 have had on our children's mental health and well-being. The link below takes you to a page listing various resources, including:

Many excellent resources to support well-being using the PERMA approach (**P**ositive emotion, **E**ngagement, **R**elationships, **M**eaning, **A**ccomplishment)

- Ideas to stay connected to when you can't visit someone who is ill
- How to sleep better
- Ideas on overcoming fear and anxiety
- Ways to look after your mental health
- The SUMO Guide to Living and Learning Together, a free resource produced for schools, teachers, parents and carers by the SUMO4Schools Foundation during the Covid-19 crisis
- Coronavirus (COVID-19) advice and support for parents and carers
- Talking to children worried about coronavirus
- A short film narrated by Playmobil's robot figure ROBERT, who guides children through the facts in a non-frightening way, explaining why they have to stay inside, wash their hands more often and for some children, why they cannot go to school
- Growth Mindset and Wellbeing resources
- Talking to children and young people about coronavirus

Self-care for Children and Young People

<https://www.ghll.org.uk/covid19/covid-19-supporting-children-and-young-people/>

★ ★ ★ WEEKLY AWARDS ★ ★ ★

- ★ **Y6** for settling back in to school well.
- ★ **Alfie** for trying hard with his pencil grip.
- ★ **Eve** for her commitment to learning.
- ★ **Flora** for fantastic work at home.
- ★ **Emmie** for being enthusiastic and engaging in her learning.