



Randwick Primary School: Resilience, Passion, Success

Randwick C of E Primary School



'Aim High Like the Skylark'

School Policy Document

Sex and Relationships

Reviewed January 2018

Sex and Relationships Policy



Our School Aims

It is our aim to provide a happy, caring and stimulating learning environment underpinned by Christian principles, in which we encourage and value individuals' contributions and respect for others.

We believe the environment created will enable the children in its care to learn and achieve their best, socially and academically. Purposeful and relevant activities take place which help foster each child's spiritual, intellectual, social, moral and physical development. All children are valued for the contribution they can make to the life of the School and are encouraged to develop attitudes to life based on Christian principles.

Introduction

Our school's policy on sex and relationship education is based on the *Relationships and Sex Education* (RSE) resource produced by Gloucestershire Healthy Living and Learning (GHLL) team and underpinned by the National Curriculum.

The aim of RSE is to promote children's spiritual, moral, social and cultural development and to prepare all children for the opportunities, responsibilities and experiences of life. When we inform our pupils through sex and relationship education about sexual issues, we do this with regard to morality and individual responsibility, and in a way that allows children to ask and explore moral questions. We do not use sex and relationships education as a means of promoting any form of sexual orientation.

Aims and Objectives

This document sets out our school policy with regard to sex and relationship education so that all parents and carers are clear about our school's approach to this aspect of our educational provision. We are well aware of the sensitivity involved in this aspect of our work and the school will seek the views of parents and carers when developing this policy further.

As part of our curriculum for PHSE, including sex and relationship matters, we will teach children about:

- The physical development of their bodies as they grow into adults
- The way humans reproduce
- Respect for their own bodies and the importance of sexual activity as part of a committed long-term and loving relationship
- The importance of family life
- Moral questions
- Relationship issues
- Respect for the views of other people
- Sexual abuse and what they should do if they are worried about any sexual matters.



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This policy sets out the statutory responsibilities parents and carers have if they have any concerns regarding the approach taken by our school.

Context

We teach about sex and relationships in the context of the school's Christian aims and values. While sex and relationship education in our school means that we give children information about sexual behaviour, we do this with an awareness of the moral code and values which underpin all our work. We teach sex and relationship education on the understanding that:

- It is taught in the context of a loving relationship, marriage and modern family life
- It is part of a wider process of social, personal, spiritual and moral education
- Children should be taught to have respect for their own bodies
- Children should learn about their responsibilities to others and be aware of the consequences of sexual activity
- It is important to build positive relationships with others, involving trust and respect
- Children need to learn the importance of self control.

Healthy School Plus Standard

We participate in the National Healthy Schools Plus standard scheme, which promotes health education. As participants in this scheme we:

- Consult with parents and carers on all matters of health education
- Listen to the views of the children in our school regarding sex and relationship education
- Look positively at any local initiatives including seeking support from the school nurse service that support us in providing the best sex and relationship education programme that we can devise.

Curriculum organisation

We teach about sex and relationships through different aspects of the curriculum. While we carry out the main sex and relationship education in our personal, social, health and citizenship education (PHSE) curriculum, we also deliver some learning through science. This we believe contribute significantly to children's knowledge and understanding of their own bodies, and how they are changing and developing during puberty.

Sex and relationship education is a statutory part of the National Curriculum for science. Consequently, in science lessons, teachers will explain to children about the changes that will occur to their bodies during puberty and how a baby is born. For this aspect of our teaching, we follow national guidance in science. During Key Stage 1 we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the fact that people are not all the same, and that we need to respect each



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other. During Key Stage 2, we teach about life processes and the main stages of the human life cycle in greater depth.

In years 5 and 6, we place a particular emphasis on health education, as many children experience puberty at this age. This is delivered as part of a 2 year curriculum rolling programme. Teachers do their best to answer all questions with sensitivity and care. By the end of Key Stage 2, we ensure that both boys and girls know how babies are born, how children's bodies change during puberty, what menstruation is, and how it affects women. We always teach this with due regard to the emotional development of the children.

We send a letter out to all parents and carers of children in years 5 and 6 to detail this particular programme of lessons, to explain what the issues are and how they are taught. We also invite parents and carers to see the materials the school uses in its teaching with opportunities or discussion if they so wish.

The planning overview for the Relationships and Sex Education resource is here:



Planning Overview

Reception

- Lesson 1: Responsibility
- Lesson 2: Growing Up
- Lesson 3: People Who Help Us
- Lesson 4: Keeping Ourselves Clean

Year One

- Lesson 1: Changes - Life Cycles
- Lesson 2: Changes - The Human Life Cycle
- Lesson 3: Being Unique
- Lesson 4: Personal Hygiene

Year Two

- Lesson 1: Similarities and Differences – Body Parts
- Lesson 2: Where Do Babies Come From?
- Lesson 3: Changes – Physical
- Lesson 4: Changes – Becoming Independent

Year Three

- Lesson 1: Similarities and Differences – Reproductive Organs
- Lesson 2: Types of Love
- Lesson 3: Personal Hygiene – Hand Washing
- Lesson 4: Personal Hygiene – Infection

Year Four

- Lesson 1: Changes – Life Cycle
- Lesson 2: Changes – Responsibilities
- Lesson 3: Personal Hygiene – Antibiotics
- Lesson 4: Challenging Stereotypes

Year Five

- Lesson 1: Changes – Physical
- Lesson 2: Changes – Emotional
- Lesson 3: Personal Hygiene – Keeping Clean
- Lesson 4: Genetic Inheritance

Year Six

- Lesson 1: Changes – Physical
- Lesson 2: Changes – Emotional
- Lesson 3: Life Cycle – Sexual Intercourse
- Lesson 4: Relationships
- Lesson 5: Birth and a New Baby



The role of parents and carers

The school is well aware that the primary role in sex and relationship education lies with parents and carers. We therefore wish to build a positive and supporting relationship with the parents and carers of children at our school, through mutual understanding, trust and co-operation. To promote this objective we:

- Inform parents and carers about the school’s sex and relationship education policy and practice
- Answer any questions that parents or carers may have about the sex and relationship education of their child

All safeguarding policies to be used in partnership with our child protection policy



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- Take seriously any issue that parents or carers raise with teachers or governors about this policy, or about the arrangements for sex and relationship education in the school.
- Inform parents and carers about the best practice known with regard to sex and relationship education so that the teaching in school supports the key messages that parents and carers give to children at home.

We believe that through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing bodies and their increasing responsibilities.

Parents and carers have the right to withdraw their children from all or part of the sex and relationship education programme that is taught in school (but not from the biological aspects of human growth and reproduction necessary under the National Curriculum for science). If a parent wishes their child to be withdrawn from sex and relationship education lessons they should discuss this with the Headteacher, and make it clear which aspects of the program they do not wish their child to participate in. The school always complies with the wishes of parents and carers in this regard.

The role of other members of the community

Local health professionals give invaluable support in sex and relationship education. In addition, the local church community may be an important resource in teaching about Christian marriage.

Confidentiality

Teachers conduct sex and relationship education lessons in a sensitive manner, and in confidence. However, if a child makes reference to being involved (or seems likely to be involved) in sexual activity, then the teacher will take the disclosure seriously, and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse. They will not try to investigate, but will immediately inform the named person for child protection issues about their concerns. The Headteacher will then deal with the matter in consultation with social service professionals (see Child Protection Policy.)

The Role of the Headteacher

It is the responsibility of the Headteacher to ensure that both staff and parents or carers are informed about our sex and relationship education policy, and that the policy is implemented effectively. It is also the Headteacher's responsibility to ensure that members of staff are given sufficient training so they can teach about sex effectively, and handle any difficult issues with sensitivity.

The Headteacher liaises with external agencies regarding the school sex and relationship education programme and ensures that all adults who work with children on these issues are aware of the school policy and work within its framework.

The Headteacher monitors this policy on a regular basis, and reports to governors, when requested, on the effectiveness of the policy.

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Monitoring and review

The governor with responsibility for ethos monitors the impact of this policy and reports to the governing body if the policy needs modification. The governing body gives serious consideration to any comments from parents and carers about the sex and relationships education programme, and makes a record of all such comments.

Associated School Policies:

Safeguarding
Child protection

This policy is monitored by the school governing body and will be reviewed as part of this established cycle of school review or following changes to statutory legislation.

Policy Leader: David Poad, Headteacher

Dated: January 2018

Approved & signed by governors:

Review Date: Spring 2020

Related Documents for Reference

- Confidentiality
- Safer Working Practices
- Allegations Management
- Physical Intervention
- Behavior and Anti-Bullying
- Child Protection
- Whistleblowing
- Intimate Care
- E-Safety
- Lone Worker Procedure
- E-safety Code of Conduct